Speaking Analysis I

Your Name:	Telephone: ()	Email Address:
College Unit	s Completed:	City:
Directions:	Write a paragraph of at least four sentences for each question that lescribes your speaking skills today. Please give enough specific details to	

illustrate your skills and abilities. Explain and elaborate.

- 1. What did you find out from taking the right brain/left brain dominant questions? (Questions are listed on the next page) What was your score? (Scoring information is on the page after the questions.) What new knowledge did you discover? THIS IS THE ONLY QUESTION THAT DEALS WITH THE NEXT TWO PAGES.
- 2. Explain your physical delivery as a communicator, your <u>vocal style</u>, and your <u>use of language</u> when speaking to other people. What are your strengths? What are your weaknesses? Elaborate.
- 3. How do you feel when speaking ion front of a group? Do you enjoy the experience or find it stressful? Explain and elaborate.
- 4. Do you find yourself talking with words that evoke pictures? Or are you mostly a straightforward communicator using words that give facts and information. Explain.
- 5. Do you like to talk conversationally to people? Are you the first one to initiate a conversation? Would you call yourself shy if you have to speak to someone? Explain.
- 6. Is it more comfortable for you to speak in a small group of three or more rather than one to one? Would you call yourself a leader-type? Explain.
- 7. Have you ever taken a public speaking class? How will you use this activity on a practical basis in the future? Explain.
- 8. How has your previous experience in public speaking shaped your outlook on the topic?
- 9. How would you describe your perspective on what it takes to succeed in this class?
- 10. What do you expect to gain from taking this class? What specific aspects of your communication style do you want to change? Explain and elaborate.

Directions: Quickly circle either A or B without much deliberation. If you don't react to either choice, <u>leave it blank</u>. If both choices are accurate, <u>circle both responses</u>.

1.

- A. Time often passes without my noticing.
- B. I am very aware of time.

2.

- A. It's important for me to have everything where it belongs.
- B. As long as I can find what I need, I don't really care where things are kept.

3.

- A. I follow my hunches and go with the flow.
- B. I analyze whether ideas are good or not before taking action.

4.

- A. When speaking or writing, my natural inclination is to stick to the point.
- B. When speaking or writing, I tend to be free flowing and creative, not feeling as though I must rigidly adhere to any specific guidelines.

5.

- A. I like to do things spontaneously.
- B. I like to be deliberate and plan out what I'm going to do.

6.

- A. Before my weight gets out of control, I impose limits on my eating and drinking habits.
- B. I eat whenever "I feel like it and don't worry about it unless things get completely out of 'control, such as my weight, blood sugar, or cholesterol.

7.

- A. I prefer to have my papers filed away.
- B. I like to keep my papers out in piles where I can see them.

8.

- A. I file things by subject.
- B. I prefer to locate papers by color-coding.

9.

- A. People criticize me for always running late.
- B. People criticize me for being too impatient.

10.

- A. I like to throw things out when I don't need them.
- B. I like to save things in case I might need them.

11.

- A. If other people' stuff is in my way, I climb over it.
- B. I get irritated when others don't adhere to my standards of neatness.

12.

- A. It's hard for me to take time to play.
- B. If I want to do it, I want to it now, and I don't want anyone to spoil my fun, even though I may regret it later.

Assessing Your Organizing Style (cont.)

To Determine Your Score:

- Count all the A's of even-numbered questions and all the B's of odd-numbered questions and add them together. These are "Elbie" (Left-Brain) points.
- Count all the A's of odd-numbered questions and all the B's of even-numbered questions and add them together. These are "Arbie" (Right-Brain) points.

(If your score is 5 to 7 on either side, this suggests well-developed skills on both hemispheres of your brain, and therefore well-balanced thinking. Scores of 8 to 12 Elbie or Arbie points suggest greater preference for one hemisphere. The higher your score on either side, the greater your preference for that hemisphere.

Left-Brain Traits:

- 1. Sequential Order Thinking
- 2. Accurate
- 3. Logical
- 4. Analytical.
- 5. Time Oriented
- 6. Disciplined
- 7. Structured
- 8. Detail Oriented.
- 9. Careful Planner
- 10. Language Used Precisely

Thought Sequence:

Analysis--Action--Feeling.

Right-Brain Traits:

- 1. Abstract
- 2. Global (Sees Whole Picture)
- 3. Spatially Free
- 4. Holistic
- 5. Uses Imagery
- 6. Intuitive/Instinctual
- 7. Emotionally Driven
- 8. Unbounded Limitations
- 9. Inspirational
- 10. Sensuous

Thought Sequence:

Feeling -- Action -- Analysis.

Negative Perceptions:

- 1. Lacks humor
- 2. Not Spontaneous Enough
- 3. Too Critical
- 4. Too Judgmental
- 5. Too Impatient
- 6. Compulsive
- 7. Lacks Emotion
- 8. Controlling
- 9. Cautious
- 10. Rigid

Negative Perceptions:

- 1. Unstructured
- 2. Cluttered Environment
- 3. Works Under Constant Stress
- 4. Projects All Due At Once
- 5. Moody/Frustrated
- 6. Too Abstract.
- 7. Disorganized
- 8. Poor Time Management
- 9. Sees no limits
- 10. Lacks Pacing Skills